



About this Presentation

- This presentation provides general guidance regarding the fundraiser requirements for HFC public schools under Section 10-215f of the Connecticut General Statutes (CGS)
- For specific questions or technical assistance, please contact the Connecticut State Department of Education (CSDE)
 - See slides 114-115 for CSDE contact information

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Fundraiser_Requirements_HFC_Presentation.pdf

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Abbreviations

ASP	Afterschool Snack Program
CGS	Connecticut General Statutes
CNP	Child Nutrition Programs
CNS	Connecticut Nutrition Standards
CSDE	Connecticut State Department of Education
HFC	Healthy Food Certification
NSLP	National School Lunch Program
SBP	School Breakfast Program
USDA	U.S. Department of Agriculture

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Overview of HFC Requirements

- CGS Section 10-215f requires that *all public schools participating in the NSLP must certify annually by July 1* to the CSDE whether they will or will not follow the Connecticut Nutrition Standards (CNS) for all foods sold to students separately from reimbursable meals (competitive foods)
- Schools that follow the CNS receive additional state funding
- Private schools and residential child care institutions are not eligible for HFC

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Connecticut Nutrition Standards

- Applies to all foods sold to students on school premises *separately* from reimbursable meals (competitive foods), including fundraisers
- Requires foods to meet
 - at least one *general standard*
 - *all nutrient standards* for the specific food category (calories, fat, saturated fat, trans fat, sodium, sugars)
- Promotes *nutrient-rich foods* such as fresh fruits, vegetables, whole grains, low-fat dairy, legumes, and lean meats

https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215e


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Definition

Sale

The exchange of a determined amount of *money or its equivalent* (such as coupons, tickets, tokens, and similar items) for foods and beverages, including

- programs and activities that charge a fee that includes the cost of foods and beverages provided to students
- activities that suggest a student donation in exchange for foods and beverages




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Definition

Fundraisers

Any activities conducted by any school-related or outside organization or group on school premises, during which *money or its equivalent is exchanged for the purchase of a product* in support of the school or school-related activities




- Includes activities that suggest a *student donation* in exchange for foods and beverages

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Definition

School Premises

All areas of the property *under the jurisdiction* of the local or regional board of education, the regional vocational-technical school system (Connecticut Technical Education and Career System (CTECS)), or the governing authority district or school



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Food Exemptions



https://www.cga.ct.gov/current/pub/chap_169.htm#sec_10-215f

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Food Exemptions


- Foods that do not comply with the CNS cannot be sold to students unless
 - the board of education or governing authority *votes* to allow food exemptions (part of the district's annual HFC statement) **AND**
 - the food and beverage sales meet the *three exemption criteria* (see food exemption criteria on slide 13 and beverage exemption criteria on slide 36)

Sales must also comply with additional state requirements (see slides 28-60)

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Three Exemption Criteria for Foods

1. The sale is in connection with an **event** occurring **after** the end of the regular school day or on the weekend
2. The sale is at the **location** of the event
3. The foods are not sold from a vending machine or school store




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Definition

Regular School Day

The period from **midnight before** to **30 minutes after** the end of the official school day



Example


- If school officially ends at 3:00 PM, the school day is from midnight through 3:30 PM
- If the board has voted to allow exemptions, noncompliant foods could be sold at the location of an event held anytime from 3:31 PM through 11:59 PM

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Definition

Event

An occurrence that involves more than just a regularly scheduled practice, meeting or extracurricular activity



Event	Not An Event
soccer game	soccer practice
high school debate	debating team practice
school play	play rehearsals
school chess match	chess club

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Examples of Events *

- Awards banquets
- Boy Scout Blue & Gold Dinner
- Craft fairs
- Debate team competitions
- Election day (if school is not in session)
- Family bingo nights
- Field days
- Math team competitions
- Mock trial competitions
- School carnivals
- School concerts
- School dances
- School fairs, e.g., health, science, and math
- Silent auctions
- Sports banquets
- Sports games, tournaments and matches, e.g., basketball, football, soccer, tennis, field hockey, volleyball, and cross country
- Talent shows
- Theatrical productions

* This list is not all-inclusive

Contact the CSDE to determine whether specific district fundraising activities meet the definition of event

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Definition

Location

The **same place** where the event is being held

Example

If a school allows food and beverage exemptions, cupcakes and lemonade could be sold on the side of the baseball field during a baseball game, but cannot be sold in the school cafeteria while a baseball game is being played on the baseball field

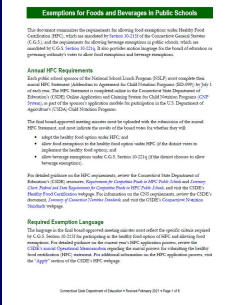


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CSDE Resource

Exemptions for Foods and Beverages in Public Schools

Summarizes the state requirements and provides guidance and specific motion language for exemptions




https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Food_Beverage_Exemptions_Public_Schools.pdf

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Timing of Distribution and Consumption


- The CNS and state beverage statute apply to **all fundraisers on school premises** (including coupons and similar items that can be redeemed for foods and beverages) regardless of when students will
 - **receive** the foods and beverages
 - **consume** the foods and beverages



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Example of Timing of Distribution and Consumption


- A school club cannot sell **tickets** to students on Monday for candy that will be distributed to students on school premises during the school day on Friday
 - Candy does not comply with the CNS
 - This fundraiser is **ineligible** for food exemptions under HFC because the ticket sales do not occur at the location of at event held after the school day or on the weekend (see slide 13)



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Purchased Form of Food or Beverage


- The CNS and state beverage statute apply to all fundraisers on school premises regardless of the **purchased form** of the food or beverage, such as
 - **precooked products**, e.g., frozen cookie dough, frozen pies, and frozen pizza
 - **products in bulk quantities** (multiple servings per package), e.g., boxes or bags of candy bars, Girl Scout cookies, popcorn, tea bags, hot chocolate packets, and gourmet coffee



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Example of Purchased Form of Food


- A fundraiser cannot distribute orders of **frozen cookie dough** to students on school premises (regardless of when the cookie dough will be consumed), unless the cookie dough complies with the CNS
 - This fundraiser is **ineligible** for food exemptions under the state HFC statute because the distribution does not occur at the location of an event held after the school day or on the weekend (see slide 13)



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Acceptable Procedures for Fundraiser Orders

1. Students bring fundraiser orders and money to school



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Acceptable Procedures for Fundraiser Orders


2. Distribution of fundraiser foods and beverages complies with one of the following procedures

- **Parents or other adults** pick up the foods and beverages on school premises
- Students pick up the foods and beverages at an **event** on school premises that occurs **after the school day or on the weekend**, when CNPs are not operating
- The pick-up location for the foods and beverages is **off school premises**

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Acceptable Procedures for Fundraiser Orders

3. The district's pick-up policy for foods and beverages is **clearly indicated on the school's fundraising flier and any written communication regarding the fundraiser**



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Procedures for Fundraiser Orders

Allowed *	Not Allowed
<ul style="list-style-type: none"> Students deliver money to school for food or beverage items Parents or other adults pick up food or beverage items at school 	<ul style="list-style-type: none"> Students deliver money to school for food or beverage items Students pick up food or beverage items at school
Fundraiser is not selling food to students on school premises	Fundraiser is selling food to students on school premises

* Sales must also comply with all other state requirements (see slides 28-60)

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Other Requirements for Fundraisers



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Other Requirements for Fundraisers

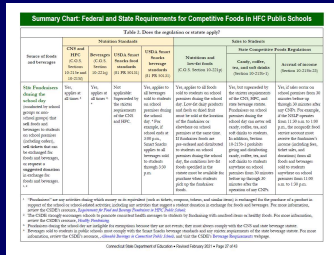
- **CGS Section 10-221q:** Connecticut's beverage statute for public schools (see slides 31-38)
- **Regulations of Connecticut State Agencies**
 - Section 10-215b-1: **Competitive Foods** (see slides 39-52)
 - Section 10-215b-23: **Accrual of Income** (see slides 53-57)
- **CGS Section 10-221p:** Connecticut's statute requiring public schools to sell nutritious and low-fat foods whenever foods are sold to students during the school day (see slides 58-60)

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CSDE Resource

Summary Chart: Federal and State Requirements for Competitive Foods in HFC Public Schools


- Summarizes state and federal laws for selling and giving competitive foods to students in HFC public schools
- Includes charts of how state and federal laws apply to different sources of food and beverage sales



https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Summary_Chart_Requirements_Competitive_Foods_HFC.pdf

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CGS Section 10-221q: Beverages



https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

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CGS Section 10-221q: Beverages

- Applies to all beverages sold to students on school premises from all sources including
 - beverages sold *as part of* school meals
 - beverages sold *separately* from school meals
- Five allowable beverage categories *
 1. Milk
 2. 100 percent juice
 3. Nondairy milk substitutes such as soy milk
 4. Beverage containing only water and 100 percent juice
 5. Water

* These beverages must meet specific restrictions for each category (see *Allowable Beverages in Connecticut Public Schools* on slide 33)

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CSDE Resource

Allowable Beverages for Connecticut Public Schools

- Identifies the state and federal requirements for beverages sold to students in public schools
- Provides examples of allowable and unallowable beverages

Allowable Beverages in Connecticut Public Schools

The Department of Education (CSDE) is pleased to announce the release of the new resource, *Allowable Beverages in Connecticut Public Schools*, which provides information on the requirements for beverages sold to students in public schools. The resource is available in both English and Spanish. The resource is available at https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Allowable_Beverages_Public_Schools.pdf.

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https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Allowable_Beverages_Public_Schools.pdf

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Beverage Exemptions

- Not part of the annual HFC Statement, which applies only to foods
- Board must vote *separately* to allow sale to students of any beverages that do not comply with CGS Section 10-221q
 - CSDE recommends voting on beverage exemptions at the *same time* as the annual HFC Statement

https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221q

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Beverage Exemptions


- Beverages that do not comply with CGS Section 10-221q cannot be sold to students on school premises unless
 - the board *votes* to allow beverage exemptions **AND**
 - the beverage sales meet the *three exemption criteria* (see slide 36)

Beverage sales (including sales at exempted events) must also comply with the state competitive foods regulations (see slides 39-57)

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Three Exemption Criteria for Beverages

1. The sale is in connection with an *event* occurring *after* the end of the regular school day or on the weekend
2. The sale is at the *location* of the event
3. The beverages are not sold from a vending machine or school store



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CSDE Webpage

Beverage Requirements

- Requirements for public schools
- Requirements for private schools and residential child care institutions
- Prohibited beverages
- Resources




<http://portal.ct.gov/SDE/Nutrition/Beverage-Requirements>

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CSDE Resource

Presentation: Beverage Requirements for Connecticut Public Schools

- Overview of beverage requirements
- Exemption criteria
- Allowable beverages
- Prohibited beverages
- Resources



https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Beverage_Requirements_Connecticut_Public_Schools_Presentation.pdf

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Section 10-215b-1 of State Regulations: Competitive Foods



https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215bSection_10-215b-1

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State Statutes and Regulations Sometimes Supersede Each Other

- Depending on when Child Nutrition Programs (CNP) operate
 - the CNS and state beverage statute (CGS Section 10-221q) may supersede Section 10-215b-1 of the state competitive foods regulations **OR**
 - Section 10-215b-1 of the state competitive foods regulations may supersede the CNS and state beverage statute

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Regulations of State Agencies

Section 10-215b-1: *Competitive foods*


- Prohibits *selling* and *dispensing* candy, coffee, tea, and soft drinks to students anywhere on school premises from *30 minutes before up through 30 minutes after* the operation of any CNPs
 - *Dispensing* means to give, provide, or distribute foods and beverages to students, e.g., food rewards and classroom parties

HFC and state beverage statute are stricter

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Candy in HFC Public Schools

- HFC *supersedes* Section 10-215b-1 timeframe for candy sales (30 minutes before up through 30 minutes after the operation of any CNPs) because HFC applies at *all times*
- Candy does not meet the CNS



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Candy in HFC Public Schools



- Candy cannot be **sold** to students anywhere on school premises unless
 - the board of education has voted to allow food exemptions **AND**
 - the sales are at the location of an event held after the school day or on the weekend **AND**
 - the event does not occur while any CNPs are operating

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Candy in HFC Public Schools



- Section 10-215b-1 of state regulations **supersedes** the food exemptions allowed under HFC if the event occurs **while any CNPs are operating**
 - Candy cannot be **sold** to students at an exempted event on school premises that occurs while any CNPs are operating
 - Candy cannot be **given** to students anywhere on school premises (including exempted events) while any CNPs are operating

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How Section 10-215b-1 Applies to Candy

Example 1



- If the Afterschool Snack Program (ASP) operates from 4:30 to 5:30 PM
 - a concession stand located at an event on school premises cannot **sell** candy to students from 4:00 to 6:00 PM
 - an afterschool program on school premises cannot **sell or give** candy to students from 4:00 to 6:00 PM

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How Section 10-215b-1 Applies to Candy

Example 2



- If the SBP operates from 7:00 AM to 8:00 AM and the NSLP operates from 11:30 AM to 1:00 PM
 - a classroom party cannot **give** candy to students from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM
 - teachers cannot **give** candy to students as food rewards from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM

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Coffee, Tea and Soft Drinks in HFC Public Schools



- The state beverage statute (CGS Section 10-221q) **supersedes** Section 10-215b-1 timeframe for sales of coffee, tea, and soft drinks (30 minutes before up through 30 minutes after the operation of any CNPs) because the state beverage statute applies at **all times**
- Coffee, tea, and soft drinks do not comply with the state beverage statute

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Coffee, Tea and Soft Drinks in HFC Public Schools



- Coffee, tea, and soft drinks cannot be **sold** to students anywhere on school premises unless
 - the board of education has voted to allow beverage exemptions **AND**
 - the sales are at the location of an event held after the school day or on the weekend **AND**
 - the event does not occur while any CNPs are operating

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Definition

Soft drinks


Beverages (with or without carbonation) that contain water and/or juice and added sweeteners (including nutritive sweeteners and artificial or natural nonnutritive sweeteners), and may also contain other ingredients such as edible acids, natural or artificial flavors and colors, and added nutrients

Examples

- *Soda* (regular and diet)
- *Sports drinks* (regular, low-calorie, and zero calorie)
- *Sweetened beverages* (with or without carbonation) that are not 100 percent juice (such as lemonade and fruit punch drinks)
- *Flavored water with added sweeteners* (with or without carbonation)

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Coffee, Tea and Soft Drinks in HFC Public Schools



- Section 10-215b-1 of state regulations *supersedes* the beverage exemptions allowed under the state beverage if the event occurs *while any CNPs are operating*
 - Coffee, tea, and soft drinks cannot be *sold* to students at an exempted event on school premises that occurs while any CNPs are operating
 - Coffee, tea, and soft drinks cannot be *given* to students anywhere on school premises (including exempted events) while any CNPs are operating

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How Section 10-215b-1 Applies to Coffee, Tea and Soft Drinks




Example 1

- If the ASP operates from 4:30 to 5:30 PM
 - a concession stand located at an event on school premises cannot *sell* coffee, tea, and soft drinks to students from 4:00 to 6:00 PM
 - an afterschool program on school premises cannot *sell or give* coffee, tea, and soft drinks to students from 4:00 to 6:00 PM

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How Section 10-215b-1 Applies to Coffee, Tea and Soft Drinks




Example 2

- If the SBP operates from 7:00 AM to 8:00 AM and the NSLP operates from 11:30 AM to 1:00 PM
 - a classroom party cannot *give* coffee, tea, and soft drinks to students from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM
 - teachers cannot *give* coffee, tea, and soft drinks to students as food rewards from 6:30 AM to 8:30 AM and 11:00 AM to 1:30 PM

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Section 10-215b-23 of State Regulations: Accrual of Income




https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215bSection_10-215b-23/

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Regulations of State Agencies

Section 10-215b-23: *Accrual of Income*

- Any income (gross income) from the sale of foods and beverages to students anywhere on school premises from *30 minutes before until 30 minutes after* any state or federally subsidized CNP must accrue to the *school food service program*



https://eregulations.ct.gov/eRegsPortal/Browse/RCSA/Title_10Subtitle_10-215bSection_10-215b-23/

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Example: How Section 10-215b-23 Applies

- If the SBP operates from 7:00 AM to 8:00 AM, the NSLP operates from 11:30 AM to 1:00 PM, and the ASP operates from 3:30 PM to 4:30 PM, the nonprofit food service account must receive the **income from all foods and beverages sold to students anywhere on school premises** from 6:30 AM to 8:30 AM, 11:00 AM to 1:30 PM, and 3:00 PM to 5:00 PM
- Includes income from sales of foods and beverages at **exempted events** held after the school day **while any CNPs are operating**

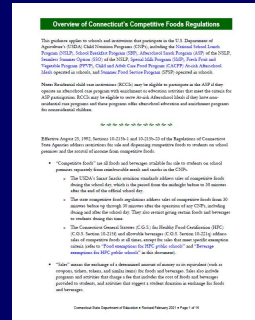
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CSDE Resource

Overview of Connecticut's Competitive Foods Regulations

- Guidance on complying with Sections 10-215b-1 (competitive foods) and 10-215b-23 (accrual of income) of the Regulations of Connecticut State Agencies



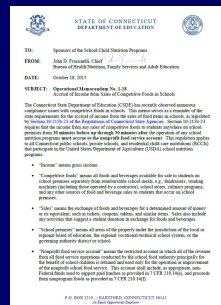
https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Overview_CT_Competitive_Foods_Regulations.pdf

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CSDE Operational Memorandum

CSDE Operational Memorandum No. 1-18: Accrual of Income from Sales of Competitive Foods in Schools



<https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Memos/OM2018/OM01-18.pdf>

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CGS Section 10-221p: Nutritious Low-fat Foods



https://www.cga.ct.gov/current/pub/chap_170.htm#sec_10-221p

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CGS Section 10-221p: Nutritious Low-fat Foods

- When foods are available for **purchase** by students during the school day, nutritious and low-fat foods must also be available for sale at the same **location** or **elsewhere on school premises** at the same time
- When preordered foods are **distributed** to students at school during the school day, nutritious and low-fat foods must be **available for purchase** at the **same time** that students **pick up** the foods
- Applies to **all public schools** regardless of whether they participate in the NSLP or HFC

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Definition

Nutritious Low-fat Foods

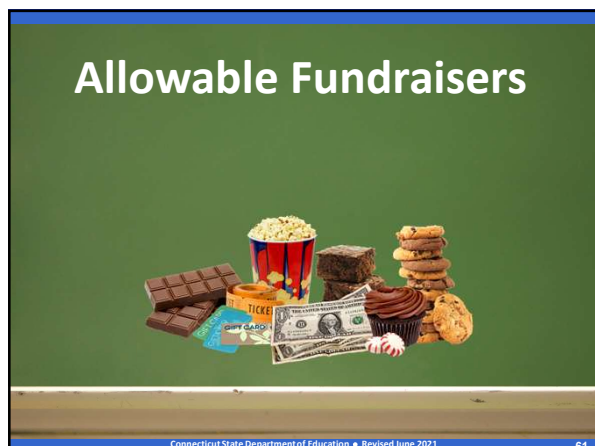
Low-fat dairy products and fresh or dried fruit



- Examples of **low-fat dairy products** include low-fat or nonfat yogurt, cheese, and cottage cheese
- Low-fat milk is a beverage and cannot be used to meet the statutory requirements

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Noncompliant foods and beverages cannot be sold to students unless

1. The board votes to allow food and beverage exemptions **AND**
2. Sales meet the three exemption criteria (see slides 13 and 36) **AND**
3. Sales comply with Sections 10-215b-1 (see slides 39-52) and 10-215b-23 (see slides 53-57) of the state regulations **AND**
4. Sales (**food only**) comply with CGS Section 10-221p (see slides 58-60)

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Compliant foods and beverages can be sold anytime if sales comply with

1. Section 10-215b-23 (accrual of income) of the state regulations (see slides 53-57)

AND

2. CGS section 10-221p (see slides 58-60)
 - Applies to **food sales** only

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Tips for Local Fundraiser Procedures

- Establish a **districtwide procedure** for approving fundraisers
- Identify a district or school **point person** for approval of all fundraisers
- Develop a **fundraiser approval form** that is required for all fundraising organizations

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CSDE Resource

Sample Fundraiser Form

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Sample_Fundraiser_Form_HFC.docx

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Tips for Local Fundraiser Procedures

- Provide **ongoing training** for fundraiser coordinators on complying with HFC and other state requirements
- Provide **regular communication** to fundraiser coordinators regarding fundraiser requirements and the district's approval procedure

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Tips for Local Fundraiser Procedures

- Provide *regular communication* to fundraiser coordinators regarding fundraiser requirements and the district's approval procedure
- *Maintain records* of all school fundraisers



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Quiz: Test Your Fundraiser Knowledge



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Quiz: Test Your Fundraiser Knowledge

1. Decide if each fundraiser complies with the HFC requirements
 - Assume that the board voted to *allow* food exemptions
2. Indicate *why* the fundraiser does or does not comply
3. If the fundraiser does not comply, identify *possible modifications*

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Scenario 1: Fundraiser Catalog

Students use a fundraiser catalog to sell food (e.g., cakes, pies, candy and cookie dough) to families, friends and neighbors off school premises. The students deliver the food orders and money to school. When the food arrives two months later, the students pick up the food items at school and bring them home for distribution.



Does the fundraiser comply with HFC?

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Scenario 1: Fundraiser Catalog

Students use a fundraiser catalog to sell food (e.g., cakes, pies, candy and cookie dough) to families, friends and neighbors off school premises. The students deliver the food orders and money to school. When the food arrives two months later, the students pick up the food items at school and bring them home for distribution.



Does the fundraiser comply with HFC?

NO

If students *deliver* fundraiser orders and money to school and *pick up* the fundraiser foods at school, the fundraiser is selling food to students on school premises (see definition of "sale" on slide 8)

Answer

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Criteria for Allowable Catalog Fundraisers

- Students can *bring fundraising fliers and catalogs home* and sell foods such as pies, candy, and cookie dough off school premises
- Students can bring fundraiser orders and money to school, but *adults must pick up* the food items for delivery to customers



This information must be *clearly indicated* on the fundraising flier and any written communication regarding the fundraiser

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Modifications to Make Scenario 1 Comply

- Have *parents* pick up food items at school
- Distribute food items on school premises at the location of an *event* held *after* the school day or on the weekend, e.g., parent open house *

* To implement this option, the board must have voted to allow food exemptions (check district's annual HFC Statement)

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Modifications to Make Scenario 1 Comply

- Distribute food items at a location *off school premises*, e.g., community center
- Conduct *online fundraiser* (foods are ordered online and picked up at school)

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Scenario 2: Candy Bars

Thirty minutes after school ends, students in a school club set up tables in the hallway to sell candy bars to students.



Does the fundraiser comply with HFC?

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Scenario 2: Candy Bars

Answer

Thirty minutes after school ends, students in a school club set up tables in the hallway to sell candy bars to students.



Does the fundraiser comply with HFC?

NO

The candy sales are not held at the location of an *event* (see definition of "event" on slides 15-17)

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Modifications to Make Scenario 2 Comply

- Sell the candy bars on school premises at the location of an *event* held *after* the school day or on the weekend *
- Sell the candy bars at a location *off school premises*
- Conduct *online fundraiser* (candy bars are ordered online and picked up at school)

* To implement this option, the board must have voted to allow food exemptions (check district's annual HFC Statement)

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Scenario 3: Bake Sale at Football Game

Answer

Parent volunteers hold a bake sale to raise money for the high school football team. The bake sale occurs during a football game that starts one hour after school, and is located next to the football field.



Does the fundraiser comply with HFC?

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Scenario 3: Bake Sale at Football Game

Answer

Parent volunteers hold a bake sale to raise money for the high school football team. The bake sale occurs during a football game that starts one hour after school, and is located next to the football field.



Does the fundraiser comply with HFC?

YES

The bake sale is at the *location* (football field) of an *event* (football game) held *after* the school day

If any CNPs are operating, the sales must also comply with Sections 10-215b-23 of state regulations (see slides 53-57)

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Scenario 4: Cookies that Meet CNS

A student club sells cookies that are on the CSDE's List of Acceptable Foods and Beverages webpage as a fundraiser during the school day.



Does the fundraiser comply with HFC?

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Scenario 4: Cookies that Meet CNS

Answer

A student club sells cookies that are on the CSDE's List of Acceptable Foods and Beverages webpage as a fundraiser during the school day.



Does the fundraiser comply with HFC?

YES

Foods on CSDE's List of Acceptable Foods and Beverages webpage comply with CNS

- Sales during the school day must also comply with CGS Section 10-221p (see slides 58-60)
- If any CNPs are operating, sales must also comply with Section 10-215b-23 of state regulations (see slides 53-57)

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Scenario 5: Cookie Sales after School

Thirty minutes after school ends, a student group sells cookies to raise money for a class trip. The students sell the cookies in the cafeteria, while a soccer game is played on the school's soccer field.



Does the fundraiser comply with HFC?

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Scenario 5: Cookie Sales after School

Answer

Thirty minutes after school ends, a student group sells cookies to raise money for a class trip. The students sell the cookies in the cafeteria, while a soccer game is played on the school's soccer field.



Does the fundraiser comply with HFC?

NO

The cookie sales are not held at the *location* (soccer field) of the *event* (soccer game)

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Modifications to Make Scenario 5 Comply

- Sell the cookies at the location of an *event* held *after* the school day or on the weekend, e.g., at the soccer field *
- Sell the cookies at a location *off school premises*

* To implement this option, the board must have voted to allow food exemptions (check district's annual HFC Statement)

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Modifications to Make Scenario 5 Comply

- Sell cookies that comply with the CNS
- Conduct *online fundraiser* (cookies are ordered online and picked up at school)

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Scenario 6: Pie Sales to School Staff

A student group sells pies to school staff during the school day.

Does the fundraiser comply with HFC?



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Scenario 6: Pie Sales to School Staff

Answer

A student group sells pies to school staff during the school day.

Does the fundraiser comply with HFC?



YES

- The pies are sold only to *adults*
- The CNS applies only to sales to *students*

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Scenario 7: Doughnuts on Election Day

On Election Day, when school is not in session, the town uses a school building to conduct voting. Volunteers sell cookies and doughnuts to adults and students during the day.

Does the fundraiser comply with HFC?



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Scenario 7: Doughnuts on Election Day

Answer

On Election Day, when school is not in session, the town uses a school building to conduct voting. Volunteers sell cookies and doughnuts to adults and students during the day.

Does the fundraiser comply with HFC?



YES

Election day is an *event* held after the school day (see definition of "event" on slides 15-17)

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Scenario 8: Gift Cards

During the school day on school premises, a student sports team sells gift cards that are redeemable for food at local businesses.

Does the fundraiser comply with HFC?



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Scenario 8: Gift Cards

Answer

During the school day on school premises, a student sports team sells gift cards that are redeemable for food at local businesses.



Does the fundraiser comply with HFC?

NO

Selling food/beverage gift cards to students *on school premises* is the same as selling foods and beverages, regardless of when or where students will receive or consume the foods and beverages (see definition of “sale” on slide 8 and “Timing of Distribution and Consumption” on slide 20)

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Modifications to Make Scenario 8 Comply

- All foods that can be purchased with the gift cards comply with the CNS and all beverages comply with CGS Section 10-221q
- Sell the gift cards at the location of an *event* held *after* the school day or on the weekend *

* To implement this option, the board must have voted to allow food exemptions (check district’s annual HFC Statement)

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Modifications to Make Scenario 8 Comply

- Sell the gift cards at a location *off school premises*
- Students bring orders and money for the gift cards to school but *adults pick up* gift cards for delivery to customers (see “Acceptable Procedures for Fundraiser Orders” on slides 24-27)
- Conduct *online fundraiser* (gift cards are ordered online and picked up at school)

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Scenario 9: Holiday Candy Grams

A student club sells candy grams for a holiday. Students purchase a ticket for candy that will be given to another student at a later date.



Does the fundraiser comply with HFC?

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Scenario 9: Holiday Candy Grams

Answer

A student club sells candy grams for a holiday. Students purchase a ticket for candy that will be given to another student at a later date.



Does the fundraiser comply with HFC?

NO

- Selling tickets that are *redeemable* for food is the same as selling food to students (see definition of “sale” on slide 8)
- CNS applies regardless of when students will receive or consume the candy (see “Timing of Distribution and Consumption” on slides 20-21)

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Modifications to Make Scenario 9 Comply

- Distribute the candy on school premises at the location of an *event* held *after* the school day or on the weekend *
- Distribute the candy at a location *off school premises*

* To implement this option, the board must have voted to allow food exemptions (check district’s annual HFC Statement)

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Modifications to Make Scenario 9 Comply

- Have **parents** pick up the candy for delivery to students (see “Acceptable Procedures for Fundraiser Orders” on slides 24-27)
- Conduct **online fundraiser** (cookies are ordered online and picked up at school)

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Scenario 10: Pancake Breakfast

A school club sells tickets to a family pancake breakfast that will take place on school premises in the morning before school starts.

Does the fundraiser comply with HFC?

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Scenario 10: Pancake Breakfast

Answer

A school club sells tickets to a family pancake breakfast that will take place on school premises in the morning before school starts.



Does the fundraiser comply with HFC?

NO

- The pancake breakfast is an event, but is not held **after** the school day
- The school day is the period from **midnight before to 30 minutes after** the end of the official school day (see definition of “regular school day” on slide 14)

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Modification to Make Scenario 10 Comply

- Schedule “breakfast for dinner” **after** the school day *
- Hold the pancake breakfast **off school premises**
- Sell pancakes that **comply with the CNS** (must include all accompaniments, e.g., syrup, butter)

* To implement this option, the board must have voted to allow food exemptions (check district’s annual HFC Statement)

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More Resources



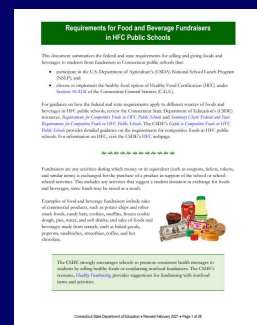
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CSDE Resource

Requirements for Food and Beverage Fundraisers in HFC Public Schools

- Summarizes the federal and state requirements for selling foods and beverages to students from fundraisers on school premises




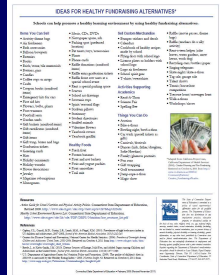
https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Fundraiser_Requirements_HFC.pdf

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CSDE Resource

Healthy Fundraising

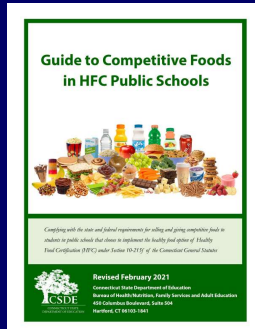
<http://portal.ct.gov/-/media/SDE/Nutrition/Resources/HealthyFundraising.pdf>

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CSDE Resource

Guide to Competitive Foods in HFC Public Schools

- Provides comprehensive guidance on complying with the federal and state requirements for selling and giving competitive foods to students in HFC public schools



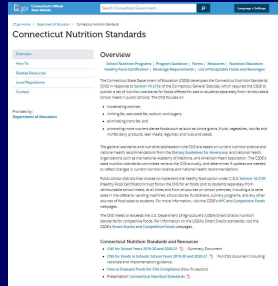
https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Competitive_Foods_Guide_HFC.pdf

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CSDE Webpage

Connecticut Nutrition Standards

- CNS summary
- Full CNS document
- Guidance on how to evaluate foods for CNS compliance
- CNS worksheets
- CNS resources

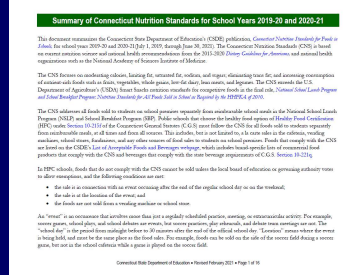


<https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards>

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CSDE Resource

Summary of CNS




https://portal.ct.gov/-/media/SDE/Nutrition/HFC/CNS/Connecticut_Nutrition_Standards_Summary.pdf

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CSDE Resource

Presentation: Connecticut Nutrition Standards

- CNS categories
- General standards
- CNS ingredients
- CNS nutrients
- Evaluating commercial foods
- Evaluating foods made from scratch
- Resources



https://portal.ct.gov/SDE/Nutrition/Connecticut-Nutrition-Standards/-/media/SDE/Nutrition/HFC/CNS/Connecticut_Nutrition_Standards_Presentation.pdf

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CSDE Resource

Presentation: Complying with Healthy Food Certification

- Overview of CNS
- Evaluating commercial foods
- Evaluating foods made from scratch
- Quiz: Test your HFC IQ
- Resources



https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Complying_Healthy_Food_Certification_Presentation.pdf

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CSDE Webpage

Healthy Food Certification

- HFC participation (list of schools and state HFC map)
- HFC application
- HFC documentation
- HFC forms
- HFC resources

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification>

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CSDE Webpage

Healthy Food Certification: Related Resources

- Adult education programs
- Competitive foods
- Fundraisers
- HFC overview
- School stores
- Vending machines

<https://portal.ct.gov/SDE/Nutrition/Healthy-Food-Certification/Related-Resources>

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CSDE Webpage

List of Acceptable Foods and Beverages

- Lists of brand-specific commercial
 - food products that comply with the CNS
 - beverages that comply with the state beverage requirements of CGS Section 10-221q

<https://portal.ct.gov/SDE/Nutrition/List-of-Acceptable-Foods-and-Beverages>

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CSDE Resource

Questions and Answers on Connecticut Statutes

- Provides answers to commonly asked questions regarding the requirements and implementation of the Connecticut General Statutes for school foods and beverages

https://portal.ct.gov/-/media/SDE/Nutrition/HFC/Questions_Answers_Connecticut_Statutes_School_Foods_Beverages.pdf

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CSDE Resource

Resources for Meeting the Federal and State Requirements for Competitive Foods in Schools

- Links to resources on the federal and state requirements for selling and giving competitive foods to students

https://portal.ct.gov/-/media/SDE/Nutrition/CompFoods/Resources_Federal_State_Requirements_Competitive_Foods.pdf

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CSDE Child Nutrition Programs

CSDE School Nutrition Programs Staff


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Connecticut State Department of Education
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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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